



De Quervain's Release

Post-operative Guidelines

- Keep your dressing dry and intact until your first postoperative appointment. This will be scheduled 8-14 days after your surgery and will be on your discharge paperwork
- Your splint and sutures will be removed at your first postoperative appointment
- You may be placed in a removable thumb spica splint for comfort only after your first visit.



Please remember these outlines are *guidelines* only: Your care may differ from the typical outlines provided. Please talk to your surgeon or your surgeon's nurse or medical assistant if you have any questions about your post-operative care.

If you have any questions, please call our office at 314-514-3500.

Orthopedics

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